Your service plan lists the things that you want help with so that you can live your life.

The services in a service plan might be things like

- someone to help you cook
- someone to help you with your medication
- someone that drives you to work

One service you can list in your service plan is career planning.

Career planning services help people find a job in the community.

One part of career planning is assistive technology assessments. This can help you find technology that can make job tasks easier.
Assistive technology can be things like
- a computer program that helps you type,
- a list to help you remember tasks,
- or a special chair that supports you better.

A person who does assistive technology services can help you find assistive technology to help make your work easier and help you learn how to use them.

If you would like to know more about career planning and assistive technology services, contact your Service and Support Administrator or your SSA.

If you are not sure who your SSA is, read [Your Service and Support Administrator, an Easy Read Guide](#).