Your service plan lists the things that you want help with so that you can live your life.

The services in a service plan might be things like
- someone to help you cook
- someone to help you with your medication
- someone that drives you to work

One service you can list in your service plan is career planning.

Career planning services help people find a job in the community.

One part of career planning is having an employment or self-employment plan. This can help you plan for getting a job or finding a different job in the community.
To help figure out what kind of job you want, you can learn more about different things that you like to do and things you are good at.

You will learn about different kinds of jobs so you can decide the kind of job you want.

You may also have a job but decide that you want a different one.

You will meet with your team to talk with someone who does employment plans about your goals and the kind of job you want.

This person will make a written plan or report that describes what you like, what you are good at, and what skills you may need to learn to get a job in the community or to start your own business.

If you would like to know more about employment or self-employment plans, contact your Service and Support Administrator or your SSA.

If you are not sure who your SSA is, read [Your Service and Support Administrator, an Easy Read Guide](#).