You have the right to make choices about your life.

You have the right to make choices about where you live and who you live with.

If you live in an intermediate care facility and think you want to move out you can

• talk to your qualified intellectual disabilities professional,

• or a service and support administrator at your local county board of developmental disabilities.
They can help you to make a plan to get the services you need to live your life.

They can help you figure out

• where you might want to live,

• what you will be able to pay for,

• and how to get the services you want.