Your service plan lists the services that you want to support you.

Services in a service plan might be things like
- someone to help you cook meals,
- someone to help you take medication.
- or someone to drive you to work.

A waiver is one way to get the services you need at home or in your community.

A waiver pays for services through Medicaid.

You may be able to get all of the services you want without a waiver.

If there are services that you need a waiver for, your county board of developmental disabilities can help you apply for one.
Start by talking with your county board of developmental disabilities about the kinds of things you need help with, or the kinds of services you want.

If you need a waiver for the services you want then your county board of developmental disabilities can help you apply for one.

You may be able to get the services you want without a waiver.

At your county board of developmental disabilities, a service and support administrator can help pull together all of the services you need.

A service and support administrator is sometimes called an SSA. You can learn more about what an SSA does by reading Service and Support Administrator, an Easy Read Guide.